



National Conference of Psychology 2025

FLAME UNIVERSITY

SCHEDULE FOR ORAL PRESENTATIONS

28th March 2025 11:00 am to 12:45 pm Chair: Dr. Sairaj Patki

Venue: VKS1

Wisdom for Prevention: Developing a Positive Intervention for Students (*Pooja Rawat, Ankita Sharma*)

Emerging Technologies in Mental Healthcare: Opportunities and Implementation Challenges in Resource-Limited Settings (Pranali Shevatekar, Sanika Ramankutty, Naga Sai Divya Prathyusha P.)

Yuva Manasrang- an integrated Youth Mental Health Intervention Model for college students in higher education settings in Maharashtra

(Hamid Dabholkar, Azim Inamdar, Rupali Bhosale, Reshma Kachare, Yogini Magar, Rani Babar, Bramhanath Nilkanth, Krutarth Shevgaonkar, Dilip Gaonkar, Shrikant Joshi, Nagesh Rajopadhye, Aarathi Ajayakumar)

The Evolution of Gig-economy – Unravelling the Role of Augmented Reality in Last-Mile Delivery

(Krishna Manasvi Jagarlapudi, Krishna Veer Tiwari)

Who gets blamed for Child Sexual Abuse: Parental Lens (Aarohi Khar)





28th March 2025 11:00 am to 12:45 pm Chair: Prof. Sadhana Natu

Venue: VKS2

Modern Interventions and Digitalized Phenotyping as an accurate predictor of suicidal ideation: A Systematic Review (Ananya Vinod Gopal, Anuja Patankar, Sanchi Agarwal)

A Community-Based Approach to Reducing Mental Health Stigma and Enhancing Access to Care (Lalan Karapurkar, Kedar Mirchandani, Yashi Gandhi, Urvita Bhatia, Abhijit Nadkarni)

The Mediating Role Of Grit In The Relationship Between Resilience And Quality Of Life Among Nurses (*Jincy Cherian, Bhanu B.S.*)

Examining Pedagogical Gaps of Caste Sensitivity in Training Mental Health Practitioners (Aashita Dawer)

Exploring the Triad: Relationship between Emotional Regulation, State-Trait Anxiety, and Resilience in Adolescents (Smita Desai, Madhura Pathare, Shraddha Pol)

28th March 2025 11:00 am to 12:45 pm Chair: Dr. Shalini Aiyappa

Venue: VKS3

Categories in Formation: Co-producing the Neurodivergent Queer Identity in the Clinic (Varad Bhatt)

It's all in the Mind: The Role of Mental Health and Innovation in Military-to-Corporate Career Transition Training *(Tanya Ahuja)*

Evaluating Mental Health Support in Schools of Maharashtra: A Comparative Study (*Purushottam Bhandare, Gandharva Pednekar, Manish Khandpasole*)

Developing a novel model for inclusive education (Deepti Modak, Seema Desai, Sapna Somkuvar)

Successful implementation of supervision in a counselling training program (Megha Deuskar, Pooja Prabhavalkar, Himani Raichur)

Shame and 'Lajja': Implications for Mental Health (Meenakshi Singh, Meetu Khosla)





28th March 2025 3 pm to 4:15 pm Chair: Prof. Aparna Shankar

Venue: VKS1

Peer-led Mental Health Support: Insights from the One Future Helpline (Vandita Morarka, Kuhoo Tiwari, Arshiya Kochar, Vaishali Singha)

Prevalence of Depression, anxiety and internet addiction among college students (age 17-20 years) in city of Pune, India

(Nagesh Rajopadhye, Aarathi Ajaykumar, Hamid Dabholkar)

Integrating Depression Screening in Primary Healthcare Centres in Goa, India: Challenges and Facilitators

(Marimilha Grace Pacheco, Yashi Gandhi, Urvita Bhatia, Seema Sambari, Abhijit Nadkarni)

Project Saath: A Capacity Building Program To Address The Mental Health Needs Of The State Reserve Police Force

(Pournima Gaikwad, Gayatri Kotbagi, Sandip Bhaise, Nagesh Rajopadhye)

Collaborative interventions to address eligibility and recognition of psychologists: An initiative by Psychologists Collective to bridge the service gaps in Mental Health of India

(Rupa Chaubal, Neha Bhansali, Chintan Naik, Manali Ranadive)

28th March 2025 3 pm to 4:15 pm Chair: Dr. Sucharita Belavadi

Venue: VKS2

Enhancing Therapist Efficiency and Accessibility: Integrating AI into the Counseling Psychologist's Workflow

(Rohit Nalwade)

From "Noise" to "Rejoice": Arts-based interventions with "at-risk" adolescents (Vaidehi Chilwarwar, Rajani Konantambigi)

Partition and the Parted: Locating Mental Health Experiences of Descendants of Partition Survivors

(Shilpi Tanwar, Vaidehi Chilwarwar)

Perceived stress and life orientation-a correlational study among corporate employees (*Jui Pimple*)

Identifying P300 as a potential biomarker for Alzheimer's disease: A secondary study using EEG brain mapping

(Sanayah Sansare, Kerry Kilborn)





Venue: VKS3

28th March 2025 3 pm to 4:15 pm Chair: Prof. Honey Oberoi

From Desk to Domestic: Work-Family Dynamics among Indian Dual-earners and Implications on their Wellbeing

(Zoya Mohammedi, Rachana Bhangaokar)

Trajectory of EMDR therapy approach within India and Asia: A working model of collaboration among various stakeholders for capacity building and disaster response

(Sushma Mehrotra, Parul Tank, Chintan Naik, Dushyant Bhadlikar)

The Interplay of Cultural Orientations and Family Relationships on Adolescents' Non-**Disclosures and Mental Health**

(Shruti Narain, Saurabh Maheshwari)

(Neuro)Diversifying the Indian Therapist: exploring the need for the diversity paradigm in mental health praxis (Ankita Banerjee, Deepika Mahesh, Ahana Ghosh)

Examining the Mental Health Needs of Older Adults in India: Gaps in Geriatric Psychiatry (Vidhi Mantry)





29th March 2025 11:15am to 1pm Chair: Dr. Pallavi Ramanathan

Venue: VKS 1

Psychosocial Evaluation of Wayanad Floods 2018: Need for Indigenous Psycho-social **Relief Models**

(Shalini Aiyappa Ittira, Isaac Thomas)

A Study of Self-Stigma towards Mental illnesses among Engineering Students (Nagesh Rajopadhye, Chetan Diwan, Suprakash Chaudhury)

From non-specialist providers to peer supervisor: experiences of improving supervisory skills counsellors in Goa, India. (Utkarsha Naik, Luanna Fernades, Bijayalaxmi Biswal, Urvita Bhatia, Yashi Gandhi)

Lights, Camera, Abuse: A Review of Intimate Partner Violence Narratives in Films (Sonia David, Anupama Sadasivan, Stavya Paliya, Shradha Nagarajan)

Substance and behavioural addictions, self-efficacy, and psychological well-being of the State Reserve Police Force personnel

(Gayatri Kotbagi, Pournima Gaikwad, Nagesh Rajopadhye, Sandip Bhaise)

Caregivers of Person living with Mental Illness: Challenges and concerns in Indian scenario

(Himanshu Singh, Amrita Sahay, Satabdi Chakraborty)

29th March 2025 11:15 am to 1.00 pm Chair: Dr. Shubha Ranganathan

Venue: VKS2

Navigating Pain and Pleasure: An Interpretive Phenomenological Study on The Role of Trauma in Alcohol Consumption Among Urban Women in India (Krisha Balsarkar, Ketoki Mazumdar)

Caregiving for Mental Health: Rural and Urban perspectives on Hygiene Factors and Moral Standpoints, a Mixed Methods Analysis

(Divya Nagnoor, Isha Kulkarni)

Vicarious, Virtual, Visual: The Gastronomic Performance of Mukbang (Gayatri Batra, Gayatri Kotbagi)

"It can't be an armchair activity": Counsellors' perspectives on college students' mental health in Pune (Debanjali Saha, Ketoki Mazumdar)

Attitudes Towards Healthcare Providers and Mental Health Problems Among Children Living with HIV: The Mediating Role of HIV related Stigma (Varsha Singh)





29th March 2025 11:15am to 1pm Chair: Dr. Abhishek Sahai

Venue: VKS3

Exploring the Relationship Between Attitude Towards Work Quality and Work Quality-Related Habits

(Anaya Nisal, Anagha Lavalekar)

Understanding Grief Experiences, Emotional Expressive Flexibility and Protective Factors in Young Adults with Parental Grief due to Sudden Death (*Yamini Gururani*)

Review of the Systemic Disparities in India's Mental Health Policy Framework (*Numa Fathima, Lakshaya Kumar*)

Challenges in Mental Health Practices and Research for Women with Infertility in India (*Nilima Yemul, Amruta Panjabi*)

Circle Time Intervention for Students: A Narrative Review (Vandana Khemani)

Resilience in Pixels: Digital Reconstruction of Self-Image by Adolescent Cancer Survivor in India with Physical Disabilities (Hansika Gaur)